

To join all of our Zoom sessions, use the details below:

Link - <https://zoom.us/j/9683947679>

Phone - On any phone, dial 0131 460 1196, then enter the meeting ID 968 394 7679#

HSB News & Events Weekly Groups

Coffee and Chat Group - Every Monday at Brighthouse Rest Centre from 12.30pm-2.30pm.

Zoom Group - Every Tuesday via zoom at 11am to 12 noon

Knit and Natter— Every Wednesday from 12noon to 2pm.

Coffee and Chat- Every Wednesday from 2pm-4pm.

Games Group - Every Thursday from 10am to 11.30am

Chairobics - Every Friday (hybrid) from 10am to 10.30am

Bowling Group— Every Friday at Electric Bowl, Halifax from 11am.

Monthly Groups

Technology Group— 1st Wednesday of every month. Upcoming sessions will be 3rd April, 1st May and 5th June. The session on 3rd April will feature communication tools such as the benefits of Alexa, Synaptic software and Blindshell.. All sessions are hybrid meaning you can attend in person or join us via zoom.

Guide Dog group—3rd Wednesday of every month (hybrid) from 11am.

Craft Group— 1st and 3rd Thurs of every month. Make it a full day and join us for both Games group and Craft group with lunch for £5. Upcoming sessions are 4th April, 18th April, 2nd May, 16th May. 6th June and 20th June

Inbetweeners Group— 4th Thursday of every month. Over winter this will be running from 6pm to 8pm. Upcoming sessions are 25th April, 23rd May and 27th June.

HSB News and Events cont'd

Taster Day

To celebrate our lift now being fully functional we are holding a Taster Day on Thursday 18th April from 10am to 2pm.

If you haven't managed to visit our new premises yet, this is a great opportunity to come along and sample all there is to offer. On the ground floor our Sight Centre is brimming with daily living aids, shades, and equipment. The front room gives you a chance to explore entertainment options in a home environment and the social café will be open and offering refreshments.

The first floor will have stalls showcasing taster sessions for some of our current groups and activities. If you have ever wondered what we get up to in our craft group or what games we play in our games group, now is your chance to come along and find out!

The Tech Studio will be accessible and open for you to try out.

We really hope to see you on the day. If you have any questions or would like any further information, please contact the office on 01422 352383.

Walking Group

The next Walking Group will take place on Tuesday 16th April at Judy Woods. The group will meet at 10.30am at the Old Beare Pub. Our walking group is supported by volunteers, we try to plan walks with good public transport links that are of an easy to moderate level of ability. We may be able to support with transport if required but please give us plenty of notice. There are toilets available. Lunch will either be a bring your own picnic or a trip to the Old Beare. **Please contact the office to book your place.**

Visiting Optician– Oliver Sewell is an optician who visits on the first Monday of every month from 10am to 12noon. Oliver can discuss any low vision needs, explain eye conditions and offer advice. You do not need to book an appointment, this is a drop in session.

Sight Centre and Social Engagement Café– Our lovely social café and sight centre is open from 10am to 2pm, Monday to Friday. We have a variety of board games for you to try out including chess and draughts, why don't you pop along and challenge one of our volunteers to a match. We look forward to seeing you soon.

Other Event Alerts

LEO Group

The LEO Group will be dining out at the Spice Delight, an Indian restaurant in the centre of Halifax on 25th April. For more information, you can email localeatingout@aol.com or call or text Angela on 07791134362

To register your interest or find out more information about any HSB groups or events, contact our office on 01422 352 383